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Urban District of  
PORTSLADE - BY - SEA

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REPORT

of the

Medical Officer of Health

for the Year 1966

by

Dr. N. I. CONDON, M.B., B.CH., B.A.O., D.P.H., L.M.

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### MEDICAL OFFICER OF HEALTH :

N. I. CONDON, M.B., B.CH., B.A.O., D.P.H., L.M.

### PUBLIC HEALTH INSPECTOR :

A. DONALD, M.A.P.H.I., F.R.S.H.

# Urban District of Portslade-by-Sea.

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## REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE YEAR 1966

Mr. Chairman, Ladies and Gentlemen,

I have the honour to submit the Annual Report of the Medical Officer of Health for the year 1966, compiled in accordance with the directions of the Ministry of Health.

### Vital Statistics

(See following page for Vital Statistics for England and Wales.)

The Registrar General's estimate of the mid-year resident population, 18,130, is an increase of 240 on the previous year. The 1961 Census Report gave the population as 15,750 : 7,451 males, 8,299 females.

The death rate corrected by the Registrar General's comparability factor of 1.02 was 9.45, compared with a 1965 rate of 11.06. The number of deaths from all causes was 168 (1965, 198). 87 males and 81 females. An analysis of the main causes of deaths will be found on page 7 of this report, from which it will be seen that as in previous years the main causes were vascular lesions of nervous system, coronary and other heart diseases, cancer (all forms). Deaths from lung cancer 11 (1965, 14).

The birth rate corrected by the Registrar General's comparability factor of 0.97, was 20.54, compared with 20.81 in 1965. The total number of live births was exactly the same as for 1965, i.e. 384 : 208 males and 176 females. There were 13 illegitimate live births, giving an illegitimacy rate of 3.38 per cent (1965, 4.42 per cent). The figure for still births 2 (1965, 3), with a still birth rate per 1,000 total live and stillbirths of 5.05 (1965, 7.75). Infant Deaths (deaths under 1 year), 5 (1965, 6). Total infant deaths per 1,000 total live births 13.02 (1965, 15.62). Legitimate infant deaths per 1,000 legitimate live births, 13.47 (1965, 16.34). Illegitimate infant deaths per 1,000 illegitimate live births, nil. Neo-natal Mortality Rate (deaths under 4 weeks per 1,000 total live births 10.41 (1965, 10.41). Early Neo-natal Mortality Rate (deaths under 1 week per 1,000 total live births) 7.81 (1965, 10.41). Perinatal Mortality rate (stillbirths and deaths under 1 week combined per 1,000 total live and still-births) 12.95 (1965, 18.09). Maternal deaths, nil.



## **Infectious Diseases**

88 cases of Infectious Diseases were notified during 1966 compared with 385 in 1965, when there were 351 cases of measles. 66 cases of Measles were notified during 1966, 14 Scarlet Fever, 4 Pneumonia and 4 Food Poisoning.

The number of cases on the Tuberculosis Register remained the same at 147. 6 New Cases were added to the register during the year and there were 2 Inward Transfers, 3 Deaths, 4 Other Removals and 1 Recovered.

<b>Smallpox Vaccination</b>	1965	1966
Number vaccinated (under 16 years)	261	291
Number re-vaccinated (under 16 years)	24	9

## **Slum Clearance**

A Closing Order was placed on No. 13 Church Road and the tenant rehoused by the Council.

## **Exfoliative Cytology**

This test is carried out to detect a certain form of cancer occurring in women. Examinations were carried out in Portslade Infant Welfare Clinics during the year and the table on page 16 gives some indication of the work done.

The opportunity is also taken at these clinics to examine for Breast Cancer and Diabetes.

## **Mass Radiography**

The Unit carried out General Public and Factory Surveys during the year, and the table on page 16 gives the actual number of people who took advantage of this service.

## **B.C.G. Vaccination**

As in previous years this was carried out by one of the Assistant Medical Officers and the table on page 17 sets out particulars of the actual work done.

## **Conclusion**

My thanks are once again due to the Clerk of the Council, Mr. Tozer and the Surveyor, Mr. Rudgley, for ready assistance and advice when required. I am particularly grateful to Mr. Donald, the Public Health Inspector, who relieves me of all worries in connection with the routine duties of his office. I should also like to record my appreciation of the support which I have received from members of the Public Health Committee.

Your obedient Servant,

N. I. CONDON,

*Medical Officer of Health.*

## VITAL STATISTICS 1966

### ENGLAND & WALES—PERSONS

Estimated Mid-Year Home Population, 48,075,300 (*provisional data*).

	<i>Number</i>	<i>Rate</i>
Live births.. ..	850,000*	17.7 per 1,000 population
Stillbirths .. ..	13,300*	15.4 per 1,000 total births
Deaths .. ..	563,626	11.7 per 1,000 population
Infant Mortality (deaths under 1 year of age) ..	16,147	19.0 per 1,000 live births
Neonatal Mortality (deaths under 4 weeks of age) ..	10,934	12.9 per 1,000 live births
Early Neonatal Mortality (deaths under 1 wk. of age)	9,447	11.1 per 1,000 live births
Perinatal Mortality (stillbirths and deaths under 1 week of age) .. ..	22,747	26.3 per 1,000 total births

\*Estimated.

## VITAL STATISTICS 1966

Population : 18,130.

DEATHS :	Total	M	F
	168	87	81

Death Rate : 9.26 (Standard).  
9.45 (Corrected).

Deaths from :

Measles (all ages) ..	..	Nil
Whooping Cough (all ages) ..	..	Nil
Diarrhoea (under 2 years) ..	..	Nil
Pneumonia ..	..	11
Cancer (all forms) ..	..	36

	Total	M	F
Live Births .. ..	384	208	176
Live Birth rate per 1000 population ..		21.18 (Standard)	
		20.54 (Corrected)	
Illegitimate Live Births per cent of total live births :		3.38%	
Stillbirths .. 2 .. ..	—	—	—
Rate per 1000 Total live and stillbirths :	5.05		
Total Live and Still Births ..	386	210	176

Infant Deaths (deaths under 1 year)	5	2	3
Infant Mortality Rates :			
Total infant deaths per 1000 total live births ..			13.02
Legitimate infant deaths per 1000 Legitimate live births .. .. .			13.47
Illegitimate infant deaths per 1000 Illegitimate live births .. .. .			Nil
Neo-natal Mortality Rate (deaths under 4 weeks per 1000 total live births) .. .. .			10.41
Early Neo-natal Mortality Rate (deaths under 1 week per 1000 total live births) .. .. .			7.81
Perinatal Mortality Rate (Stillbirths and deaths under 1 week combined per 1000 total live and stillbirths) .. .. .			12.95
Maternal Mortality (inclusive abortion) :			
Number of deaths .. .. .			Nil
Rate per 1000 total live and stillbirths .. .. .			Nil

### DEATHS 1966

		<i>Male</i>	<i>Female</i>
10.	Malignant Neoplasm, Stomach ..	2	1
11.	Malignant Neoplasm, Lung, Bronchus	8	3
12.	Malignant Neoplasm, Breast ..	1	6
14.	Other Malignant and Lymphatic Neoplasms .. .. .	10	5
17.	Vascular Lesions of Nervous System	10	19
18.	Coronary Disease, Angina ..	21	16
19.	Hypertension with Heart Disease ..	1	1
20.	Other Heart Disease .. .. .	7	8
21.	Other Circulatory Disease ..	3	2
23.	Pneumonia .. .. .	7	4
24.	Bronchitis .. .. .	—	2
25.	Other Diseases of Respiratory System	2	—
26.	Ulcer of Stomach and Duodenum ..	1	1
28.	Nephritis and Nephrosis ..	1	—
31.	Congenital Malformations ..	1	1
32.	Other Defined and Ill-Defined Diseases	5	8



33. Motor Vehicle Accidents .. ..	4	—
34. All Other Accidents .. ..	1	2
35. Suicide .. ..	1	2
Total All Causes		87 81
Total		168

## GENERAL PROVISION OF HEALTH SERVICES. SANITARY CIRCUMSTANCES.

### DRAINAGE.

The whole of the public roads in the district are sewered by gravitation on the water carriage system.

All houses in the District are connected to the public sewers with the following exceptions :

#### HOUSES SERVED BY CESSPOOLS.

There are 8 houses served by cesspools.

All sewerage is discharged into intercepting sewers which are under the control of the Portslade and Southwick Outfall Sewerage Board. Disposal is by means of Sea Outfall owned by the Board.

**PUBLIC HEALTH INSPECTOR.** The Public Health Inspector has prepared the following Annual Statement of his visits and notices :

Houses inspected for housing defects ..	225
Number of inspections made for the purpose.	677
Houses inspected under Public Health Acts ..	183
Number of inspections made for that purpose	559
Number of complaints received. .. ..	337
Informal Notices served (P.H. & H. Act) ..	48
Formal Notices served (P.H. & H. Act) ..	28
Houses found dirty or verminous ..	11
Defective and Choked Drains .. ..	63
Defective Closets .. ..	7

Defective Sinks	..	..	..	2
Defective Roofs and Gutters	..	..	..	42
Damp Walls and Ceilings	..	..	..	119
Defective Walls and Ceilings	..	..	..	45
Defective Floors	..	..	..	14
Defects to Windows, Doors, etc.	..	..	..	31
Defects to Grates	..	..	..	2
Defects to Chimneys	..	..	..	4
Defective Paving	..	..	..	2

#### PREVENTION OF DAMAGE BY PESTS ACT, 1949.

The destruction of rats and mice has been successfully continued throughout the year, both in surface properties and in the Council's sewers.

During the year 126 rat and 52 mice infestations were dealt with on surface properties and 1 sewer treatment carried out.

The increase in surface infestation is mainly due to the large quantities of refuse dumped throughout the district.

The treatment is now free to all properties.

#### Eradication of Vermin.

During the year 11 houses were found to be in a dirty or verminous condition and of these, 4 were disinfested by spraying with insecticides.

This work has been carried out by the Council and the cost of materials has been charged to the Owner or Occupier.

#### HOUSING ACCOMODATION

PROVIDED AT DECEMBER, 1966

Council Houses and Flats	..	..	..	993
Old Peoples Bungalows	..	..	..	33
Old Peoples Flats	..	..	..	116

## INSPECTION OF DWELLING HOUSES.

### 1. *Inspection of Dwelling Houses during the year :*

(1) (a)	Total number of dwelling-houses inspected for housing defects (under Public Health or Housing Acts)	225
(b)	Number of inspections made for the purpose	677
(2)	Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	2
(3)	Number of dwelling-houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation	223

### 2. *Remedy of defects during the year without service of formal notices.*

Number of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their officers	39
---	----

## INSPECTION AND SUPERVISION OF FOOD.

### FOOD AND DRUGS ACT, 1955. SECTION 16.

There are 56 premises registered for the sale of Ice Cream and 10 premises registered for the preparation or manufacture of sausages, pickled or preserved food.

There were 61 inspections of registered premises throughout the year.

## FOOD HYGIENE REGULATIONS, 1960.

During the year 94 inspections of food premises were made and in 5 of them infringements of the Regulations were found.

Notices were served in respect of the following items :—

Provision of First Aid Materials	..	..	4
Display of Notices requiring persons to wash their hands after using sanitary convenience		..	2
Provision of towels, soap, etc.	..	..	—
Accommodation of Refuse	..	..	1
Dirty walls and ceilings	..	..	1

1966

## MEAT AND FOOD INSPECTION.

The following foodstuffs were inspected and found to be unfit for human consumption.

52	Chickens
2	Turkeys
4	Ducks
8	Tins of Corned Beef
2	„ Ham
179	Packets of Fish Fingers
34	„ Fish Steaks and Fillets
11	„ Steaklets
8	„ Beefburgers
3	„ Braised Beef
90	„ Peas
12	„ Beans
3	„ Brussels Sprouts
1	„ Spinach
1	„ Chicken Pie
2	„ Arctic Roll
2	„ Eclairs
1	„ Dairy Cream Sponge
1	„ Mousse

## OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963

Total number of registered premises at end of year 1966 :

Offices	..	..	24
Retail Shops	..	..	93
Wholesale Shops, Warehouses			4
Catering Establishments	..		15

Number of Persons Employed :

Offices	..	..	375
Retail Shops	..	..	412
Warehouses	..	..	91
Catering Establishments	..		55
Canteen	..	..	2
Total Males			416
Total Females	..		519

Total number of visits to registered premises : 135

Number of Contraventions of Act found :

Abstract of Act not exhibited			14
Thermometer not provided			8
Insufficient First Aid Materials			8
Insufficient Washing Facilities			3
Insufficient Sanitary Accommodation			1
Insufficient Heating	..		1
Insufficient Lighting	..		3
Insufficient Ventilation	..		3
Dangerous Staircase	..		2
Insufficient guards to dangerous machines	..	..	1
Number of Notices served			17

Number of Accidents in Registered Premises reported : 7



# FACTORIES ACT, 1961.

## PART 1 OF THE ACT.

INSPECTIONS for purposes of provisions as to health.

Premises	Number on Register	Number of		Occupiers prosecuted
		Inspect'ns	Written Notices	
Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities .. .. .	14	8	—	—
Factories not included in above in which Section 7 is enforced by the Local Authority .. .. .	79	63	2	—
Other Premises in which Section 7 is enforced by the Local Authority (excluding Outworkers Premises) .. .. .	7	3	—	—
TOTAL ..	100	74	2	—

Cases in which DEFECTS were found.

Particulars	No. of cases in which defects were found				
	Found	Remedied	Referred		No. of cases in which prosecutions were instituted
Want of cleanliness (S.1.)	—	—	To H.M. Inspector	By H.M. Inspector	—
Overcrowding (S.2)	—	—	—	—	—
Unreasonable temperature (S.3)	—	—	—	—	—
Inadequate ventilation (S.4.)	—	—	—	—	—
Ineffective drainage of floors (S.6)	—	—	—	—	—
Sanitary Conveniences (S.7)	—	—	—	—	—
(a) insufficient	—	—	—	—	—
(b) unsuitable or defective	1	1	—	—	—
(c) not separate for sexes	1	1	—	—	—
TOTAL	2	2	—	—	—

**PART VIII OF THE ACT**  
**OUTWORK**

(Sections 133 and 134)

<i>Nature of Work</i>  (1)	Section 133			Section 134		
	<i>No. of out-workers in August list required by Section 133(1)(c)</i> (2)	<i>No. of cases of default in sending lists to the Council</i> (3)	<i>No. of prosecutions for failure to supply lists</i> (4)	<i>No. of instances of work in unwholesome premises</i> (5)	<i>Notices served</i> (6)	<i>Prosecutions</i> (7)
Wearing Apparel : Making, etc. Cleaning and Washing	66 Nil	Nil Nil	Nil Nil	Nil Nil	Nil Nil	Nil Nil
Furniture and Upholstery	—	Nil	Nil	Nil	Nil	Nil
Artificial Flowers etc.	3	Nil	Nil	Nil	Nil	Nil
TOTAL	69	Nil	Nil	Nil	Nil	Nil

## **SLUM CLEARANCE.**

### **Housing Act 1957.**

A Closing Order was placed on No. 13 Church Road and the tenant rehoused by the Council.

**PORTSLADE  
MASS RADIOGRAPHY**

Period 1st January to 31st December, 1966

**General Public Surveys**

Total X-rayed	Total X-rayed	Total X-rayed
Male	Female	
419	391	810

Of the above total 810, 522 people were sent to the Unit for X-ray examination by their family doctor.

**Factory Surveys**

Total X-rayed	Total X-rayed	Total X-rayed
Male	Female	
1,146	295	1,441

**EAST SUSSEX ASSOCIATION FOR THE DISABLED**

**Portslade District Committee, 1966**

The care of the disabled in our district continued during the year. Four have died, and several new cases registered. All case needs have been met either by Miss Bellamy or local resources. Holidays for five people were arranged in co-operation with Miss Bellamy. The two women who went to Bognor were extremely happy. A disabled school-girl was lucky to be accepted at the Red Cross Camp in Petworth. A woman who lives alone was a guest for the Christmas period at the W.V.S. Winged Fellowship Home in Chigwell. Transport and escorts were provided for all holidays.

The elderly disabled are able to lead a full life visiting clubs, and enjoying outings arranged. Several disabled were visited in hospitals and gifts of fruit, sweets and flowers were given.

The need for voluntary helpers in our district is urgent.



## CYTOLOGY, 1966

### Examinations carried out in Portslade Clinics

No. of applications received	..	..	1,403
No. of smears taken	..	..	1,063
Awaiting appointments at 1.1.67	..	..	198
Cancellations (with reasons)	..	..	70
Cancellations (without reasons)	..	..	72
No. referred to G.P.	..	..	127
No. of Positives	..	..	5

### B.C.G. 1966

<i>School</i>	<i>No.</i>	<i>No.</i>	<i>No.</i>	<i>No.</i>
	<i>Skin Tested</i>	<i>Positive</i>	<i>Negative</i>	<i>Vaccinated</i>
Portslade Secondary Boys	63	1	61	61
Portslade Secondary Girls	48	1	46	45
Downs .. ..	7	2	5	5

# TUBERCULOSIS—PORTSLADE—1966

	New Cases				Inward Transfers				Deaths				Other Removals				Recovered				Cases on Register				Totals	
	Pul.		Non-Pul.		Pul.		Non-Pul.		Pul.		Non-Pul.		Pul.		Non-Pul.		Pul.		Non-Pul.		Pul.		Non-Pul.			
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F		
Under 1																										
1— 5																										
5—10																										
10—15																										
15—20	1	1																							2	
20—25	1																								3	
25—35																									6	
35—45										2															6	
35—45															1										34	
35—45														2											31	
45—65	1																								54	
Over 65	2																								20	
Totals	5	1								2					3										147	

**INFECTIOUS DISEASE, 1966.**  
**DISEASES NOTIFIED DURING THE YEAR.**

Disease.		Total cases Notified. 1965	1966
Scarlet Fever	.. ..	13	14
Whooping Cough	.. ..	12	—
Measles ..	.. ..	351	66
Pneumonia	.. ..	5	4
Dysentery	.. ..	3	—
Malaria ..	.. ..	1	—
Food Poisoning	.. ..	—	4

VACCINATION OF PERSONS UNDER AGE 16 COMPLETED DURING 1966

Table 1—Completed Primary Courses : Number of persons under age 16

Type of vaccine or dose	Year of birth						Others under age 16	
	1966	1965	1964	1963	1959-62			Total
1. Quadruple DT'PP .. .. .	—	—	—	—	—	—	—	—
2. Triple DTP .. .. .	156	211	11	1	4	—	—	383
3. Diphtheria/Pertussis .. .. .	—	—	—	—	—	—	—	—
4. Diphtheria/Tetanus .. .. .	—	—	—	—	8	7	15	
5. Diphtheria .. .. .	23	2	—	—	5	6	36	
6. Pertussis .. .. .	—	—	—	—	—	—	—	
7. Tetanus .. .. .	—	—	—	—	—	8	8	
8. Salk .. .. .	—	—	—	—	—	—	—	
9. Sabin .. .. .	121	274	36	9	7	12	459	
10. Lines 1+2+3+4+5 (Diphtheria) .. .. .	179	213	11	1	17	13	434	
11. Lines 1+2+3+6 (Whooping Cough) .. .. .	156	211	11	1	4	—	383	
12. Lines 1+2+4+7 (Tetanus) .. .. .	156	211	11	1	12	15	406	
13. Lines 1+8+9 (Polio) .. .. .	121	274	36	9	7	12	459	

Table 2. Reinforcing Doses. Number of persons under age 16.

	<i>Type of vaccine or dose</i>	<i>Year of birth</i>						<i>Others under age 16</i>	<i>Total</i>
		1966	1965	1964	1963	1959-62			
1.	Quadruple DTPP	..	..	—	—	—	—	—	—
2.	Triple DTP	..	..	60	125	1	5	4	195
3.	Diphtheria/Pertussis	..	..	—	—	—	—	—	—
4.	Diphtheria/Tetanus	..	..	—	—	—	150	94	244
5.	Diphtheria	..	..	—	5	17	26	75	171
6.	Pertussis	..	..	—	—	—	—	—	—
7.	Tetanus	..	..	—	—	—	—	5	5
8.	Salk	..	..	—	—	—	—	—	—
9.	Sabin	..	..	—	—	—	305	44	349
10.	Lines 1 + 2 + 3 + 4 + 5 (Diphtheria)	..	—	65	142	27	230	146	610
11.	Lines 1 + 2 + 3 + 6 (Whooping Cough)	..	—	60	125	1	5	4	195
12.	Lines 1 + 2 + 4 + 7 (Tetanus)	..	—	60	125	1	155	103	444
13.	Lines 1 + 8 + 9 (Polio)	..	—	—	—	—	305	44	349



**SMALLPOX VACCINATION.**  
Return for period ended 31st, Dec., 1966.  
Persons Aged under 16.

Age at date of vaccination	I. NUMBER OF PERSONS VACCINATED OR RE-VACCINATED DURING PERIOD		II. NUMBER OF CASES SPECIALLY REPORTED DURING PERIOD.		
	Number Vaccinated	Number re-Vaccinated	(a) Generalised Vaccinia	(b) Post-Vaccinal Encephalomyelitis	(c) Death from com- plications of vaccina- tion other than (a) and (b)
0 to 3 mths	1	—	—	—	—
3 to 6 "	2	—	—	—	—
6 to 9 "	—	—	—	—	—
9 to 12 "	5	—	—	—	—
years					
1	232	—	—	—	—
2 to 4	35	2	—	—	—
5 to 15	16	7	—	—	—
TOTAL	291	9	—	—	—

## PORTSLADE CHILD GUIDANCE CLINIC 1966

During the year, 35 children from East Sussex County (including Portslade) were referred to the Clinic, as follows:—

### Referred by :

School Medical Officers	..	..	..	18
Family Doctors	..	..	..	8
Parents	..	..	..	1
Schools	..	..	..	1
Transferred from other Clinics	..	..	..	1
Children's Department	..	..	..	1
School Psychological Service	..	..	..	5

### Problems :

Personality problems and nervous disorders	..	8
Habit Disorders	..	2
Behaviour Disorders	..	18
Educational and Vocational Difficulties	..	1
Special examinations for advice re placement	..	6

### How dealt with :

Advice	..	..	..	11
Psychiatric treatment	..	..	..	6
Coaching and treatment	..	..	..	—
Periodic supervision	..	..	..	6
Withdrawn before completion	..	..	..	5
Awaiting diagnosis	..	..	..	6
Transferred to other areas	..	..	..	—
Transferred to supervision of Children's Department	..	..	..	1

In addition, 34 cases from Hove have been referred to the Portslade Clinic.

The following summary gives an indication of the work of the Clinic during the year :

<b>Psychiatrist</b>	Diagnostic interviews	43
	Treatment interviews	365
<b>Educational Psychologist</b>	Diagnostic interviews	74
(Child Guidance Cases)	Coaching interviews	27
	School visits	14
<b>Child Psychotherapist</b>	Treatment sessions	338
	Clinic interviews	157
<b>Social Worker</b>	Interviews at Clinic	410
	School visits	2
	Home and other visits	178

